



HELPING YOUNG PEOPLE TO THRIVE, NOW AND IN THE FUTURE

ADAPT AND THRIVE

Today’s young people are facing extraordinary challenge and change.

The Duke of Edinburgh’s International Award equips young people with the skills and confidence to adapt and thrive in an ever-changing world. The framework not only helps to develop essential life skills but encourages young people to utilise them in their wider community too.

A recent survey of Award participants found that:

- 78% said they feel more confident
- 78% said they feel more determined
- 83% said they are more resilient
- 86% said they now see challenges as opportunities to develop

*Survey of 2,160 respondents from 52 countries, between January 2022 and December 2022



READY FOR NOW. READY FOR THE FUTURE.

For nearly 70 years, The Duke of Edinburgh’s International Award has been helping 14-24 year olds to discover their own potential, preparing them for the world, and the challenges it can bring.

Through a global framework, the Award encourages participants to develop transferable skills, increase their fitness levels, support their mental health, cultivate a sense of adventure, and volunteer in their community.

The Award can help to equip young people to be ready for the world.
Ready for now. Ready for the future.

THE AWARD FRAMEWORK

THREE LEVELS

BRONZE
Aged 14+, 6 months min

SILVER
Aged 15+, 12 months min

GOLD
Aged 16+, 18 months min

FOUR SECTIONS (FIVE AT GOLD LEVEL)

SKILLS
Develop transferrable skills

PHYSICAL RECREATION
Get active

VOLUNTARY SERVICE
Give back to communities

ADVENTUROUS JOURNEY
Experience adventure and learn to lead

GOLD RESIDENTIAL PROJECT
Broaden horizons, meeting others in a new environment (Gold level only)

WORLD CLASS LEARNING, OUTSIDE THE CLASSROOM



Millions have been impacted by the Award, experiencing first-hand that not all learning happens in the classroom.

Operating for almost

70 YEARS

Operating in
**120+ COUNTRIES
AND TERRITORIES**



MILLIONS

of Award alumni globally



1 MILLION PARTICIPANTS

A UNIQUE INTERNATIONAL ACCREDITATION



Supported by over
162,500
VOLUNTEERS



OUR AMBITION:

One day, every eligible young person will have the opportunity

TO PARTICIPATE

in the Award



Almost **5 MILLION HOURS**

devoted to volunteering by participants who completed their Award in 2022

SKILLS FOR NOW. SKILLS FOR THE FUTURE.

With the support of adult mentors, young people can use the Award framework to foster the ‘soft’, sometimes known as ‘core’ or ‘universal’, skills and characteristics needed to navigate change and build positive habits. With the Award framework and supportive mentors young people can act now to ensure they are ready for life, ready for work and ready to make their mark on society, both now and in the future.

Ready for now

The Award encourages young people to:

- ♥ Stay mentally and physically healthy
- ✋ Connect with others
- 👤 Give back to their communities
- 🛠 Embrace structure and purpose
- 🎓 Support their formal learning

Ready for the future

The Award helps to develop positive foundations for the future, including:

- ⚙ Essential life skills
- 👤 Increased community engagement
- 👜 Employability
- 🌐 The ability to thrive in a changing world
- 🎯 Goal setting and planning

In addition, the Award directly contributes to a number of the UN’s Sustainable Development goals including:



GOOD HEALTH
AND WELL-BEING



QUALITY
EDUCATION



DECENT WORK AND
ECONOMIC GROWTH

GET INVOLVED

Volunteers are the lifeblood of the Award. Get involved today and help more young people to be #WorldReady.

Inspire, empower, mentor

Build on your mentoring skills, and play a pivotal part in guiding young people, as they develop the skills and characteristics for now and the future.

Grow personally and professionally

Through Award training and experience you can refine your leadership, communication and problem-solving skills, enabling personal and professional growth.

Become part of a global community

Join over 162,500 adults who are currently supporting Award participants around the world. Once trained, you can take this with you to another Award Centre.

Experience your own adventures

Opportunities to meet new people, try new things and experience adventures yourself.

See students thrive in a different environment

Benefit from mentoring in a less formal setting. Many volunteers believe it helps them to better understand their students - and can even improve their teaching.

Choose your commitment

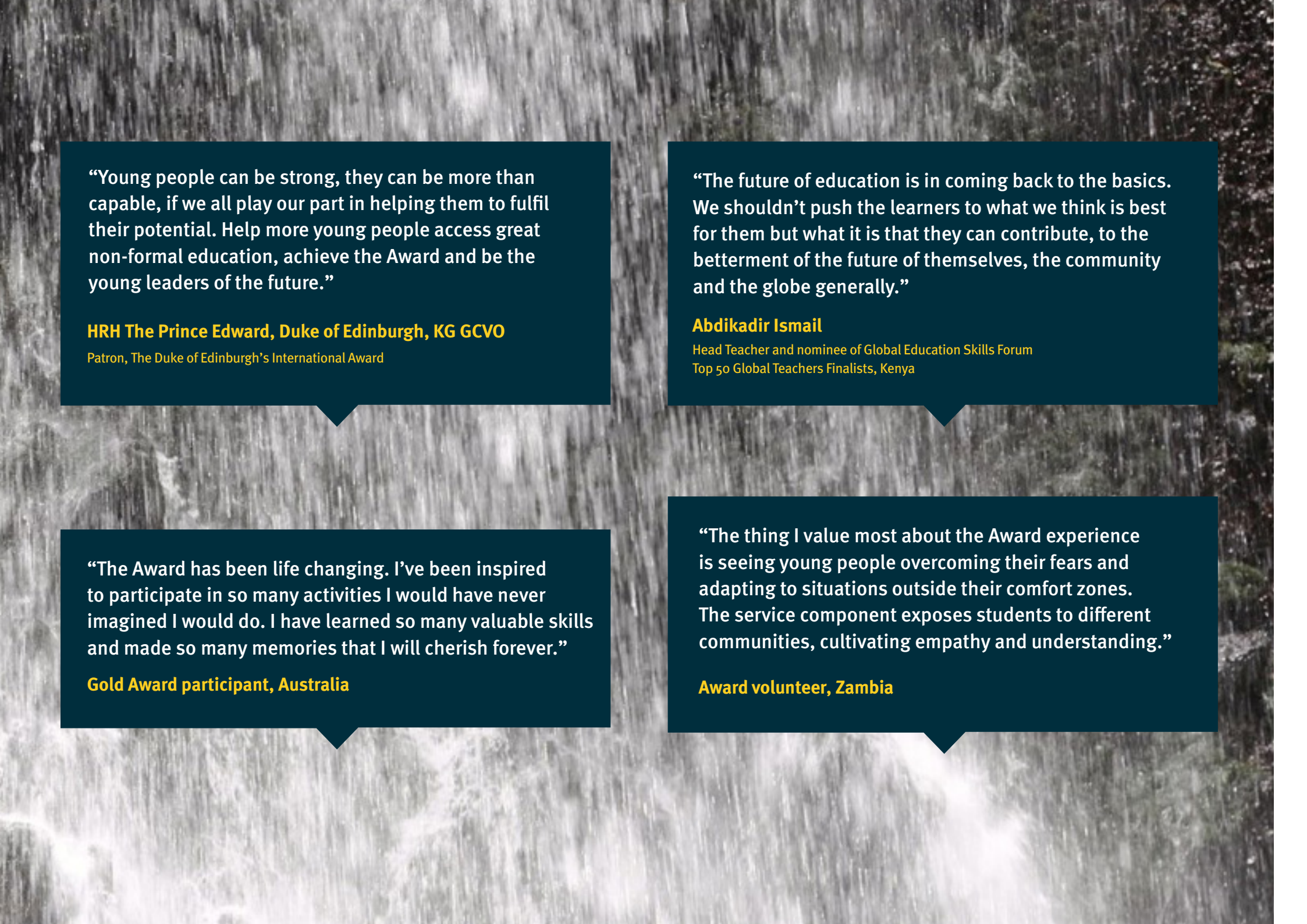
There are multiple ways to volunteer with the Award, with different levels of commitment.

Visit www.intaward.org to find out more about how you can get involved and to find an Award Centre near you.



**#WORLD
READY**



A close-up, high-angle shot of a waterfall cascading over dark, mossy rocks. The water is white and frothy as it falls, creating a dynamic and powerful background for the text.

“Young people can be strong, they can be more than capable, if we all play our part in helping them to fulfil their potential. Help more young people access great non-formal education, achieve the Award and be the young leaders of the future.”

HRH The Prince Edward, Duke of Edinburgh, KG GCVO

Patron, The Duke of Edinburgh's International Award

“The future of education is in coming back to the basics. We shouldn't push the learners to what we think is best for them but what it is that they can contribute, to the betterment of the future of themselves, the community and the globe generally.”

Abdikadir Ismail

Head Teacher and nominee of Global Education Skills Forum
Top 50 Global Teachers Finalists, Kenya

“The Award has been life changing. I've been inspired to participate in so many activities I would have never imagined I would do. I have learned so many valuable skills and made so many memories that I will cherish forever.”

Gold Award participant, Australia

“The thing I value most about the Award experience is seeing young people overcoming their fears and adapting to situations outside their comfort zones. The service component exposes students to different communities, cultivating empathy and understanding.”

Award volunteer, Zambia



**#WORLD
READY**

www.intaward.org

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